



Fort Langley C.C.



Club News 20 – August 2011

3-peat for Women Repeat for Mixed

FORTified represented Zone 3 in the BC Senior Games in the West Kootenays. The regular Mixed team was augmented by seven members of other FLCC teams home the Gold in back-to-back finals. for the Women, and 2 in a row for the Nelson hosted its first ever regatta – all beautiful resort for a paddle. [Photos](#)



and both teams brought That's 3 years in a row Mixed. agreed it was a

FW – National Qualifiers Our athletes performed well at the qualifiers, this being especially important with ranking results from the races. Del Muench and Brodie Muench are both going to Nationals – Good Luck.

Brigade Days

FW – BC Championships This ranking event

FRESHET almost over ?

Minimum paddler numbers reduced. Avoid turns by the bridge. Lining boats around is encouraged.

Members' Page

should be **THE** starting page for most Members. Why not bookmark it, or create a link from your desktop? [Go there](#)

Fundraise r

Abreast in a Boat kick off their fund-raising for outreach programs on Sept 7 at River's Reach Pub, New Westminster. Great Fun. Great Prizes. [Contact Judi](#)



Hypothermia

[Watch a short film](#) to save a life – maybe

also went well, even though Saturday felt very fall-like in the morning. Del, Ben & Brodie Muench, Elliot Hoyt, Ashley Ezart, Chelsea Routley and Meghan Cheung all attended and raced for Fort Langley. Medals were awarded to midgets and juveniles (ages 15-19) and all eligible paddlers came away with some hardware.

Women's Comp DB Team

An informational and Q & A session will be held **Sunday August 28th @ 1:30pm** in the Riverside Room to discuss with interested paddlers, the idea of creating a competitive women's team.

The team will be coached by Ben Lee. Questions? [Email Ben](#)



**FLCC
Hoodies
- now on
sale**



The 9 Voyageurs and more than 80 paddlers were welcomed by a crowd of over 300 in the 2011 re-enactment of the Fur Brigades arrival at the HBC Fort. Due to the very high water, the arrival was somewhat faster than usual.

[Watch a short video](#) [View the Langley Advance photos](#)

Western Canoe & Kayak will be starting their huge summer sale this weekend [Click for the Western website](#)

.....bright royal blue with club logo on front left and crossed paddle logo on right sleeve, just like the club shirts. Or you can have the reverse, with blue lettering on white. Full length front zip.

Most sizes are \$52, although some very small sizes are less. Bring a cheque made out to FLCC and order your hoodie now! Try-ons at Marina parking lot (on the deck!) each evening this week between practices.

[Email Carolyn for more details](#)

Coming Soon – The AGM

The Annual General Meeting of members will be coming up in November. The club needs committed volunteers to stand for the Executive positions. Please think whether you, or one of your club-mates could do this important role.

yours! Cold Water Boot Camp is for YOU.

For Sale

New links to the For Sale or Wanted Board have been added to the Web Menu, under Members. [For Sale](#) Paddles, PFDs, gloves, canoes – all have been sold this way.

All Teams

Update your team webpage with new photos and annual reports. Send requests to [the Webmaster](#)

Email issues

If you have "Computer Issues" with the club emails, newsletters or website, please let us know.

[Email Webmaster](#)

DB Winter Storage

At the end of September, we need to take the 6-16s off the water for the winter. Apart from keeping them out of the waves, rain and snow, it allows the hulls to dry out thoroughly and prevents the multi-layered hulls from getting waterlogged.

Please ! Do you have a dry barn, greenhouse, shop or warehouse that we could use this winter?

The three 6-16s are each 48' long x 4' wide. They could be racked one above another, or sit on simple trestles. If you can help, or know someone who might, please [email Frank](#)

7 @ Steveston

7 FLCC teams entered the 2nd Annual Steveston Regatta on August 20. With no divisions for mixed or women's it meant all the teams raced together. This resulted in mixed teams ending up in the higher A division but the FLCC women's teams did very well with many of them competing against mixed teams in their final races.

The teams came home with one gold and three bronze medals, plus one 1st in a consolation round which won a miniature DB drum.

Huli Clinics – OC

Watch out for the news about the Huli clinics, once the river has slowed a little more.

Outriggers As we plan for the end of the Dragon boat season (Did I really hear someone say Finish It Now?), we need to get ready for the all that lovely OC cross-training. However, the Red OC is still in the shop. A work bee is needed to finish the last of the preparation and painting. To help – please [Email Andrea](#).

Coming up soon:

Thompson Whitewater Voyageur trip. September 10 & 11. [Email Sharon](#)

DB Drop-ins

Drop-in DB paddles for experienced paddlers are currently being held on Friday mornings at 9:00 and Sunday morning at 8:45.

These are not team or coaching sessions.

Email [Donna for Friday](#)

or [Lydia for Sunday](#) to reserve your seat.

And remember to arrive at least 15 minutes early to help get the boats ready!!!

DBC News

The update from Dragon Boat Canada includes all the latest news from the governing body. [Read DBC](#)

2011 Steveston	Final Placing
<u>Mixed teams</u>	
Fort Fusion	Consolation "A" division
SOAR	Bronze "B" division
<u>Women teams</u>	
Kindred Spirit	Consolation "B" division
Fraser Dragons	Bronze "C" division
Spirit Alliance	Gold "D" division
Paddle Pushers	Bronze "D" division
Chicks Ahoy!	Consolation "D" division

Cranberry Races

Cranberry Voyageur races will be Oct 8 2011

Confirmation when registration forms and fees received More information to follow but get your forms and fees in, if you want to confirm your spot. .

[Download Registration Form](#) Contact: cranberry@fortlangleycanooclub.ca

Great Canadian Shoreline Clean-up. September 17 – 25 [Email for Info](#)

Water Weeks & Apple Days – Details to follow. [Email Sharon](#)

Parking

Please note that the 'upper' parking lot is now closed for the building of the new condos. Parking will be available on the 'triangle' lot, south of Billy Brown Rd., the street & in the 68 stalls of public parking along the rail berm.

No Parking

And even more important is that we all respect that the Bedford House is private property and its parking lot is not for use by club members for parking or as a warm-up area, at any time.



More lost and found -

A ladies, two-tone blue, long-sleeved, zip-fronted top has been handed in.

Check [Lost & Found](#)

More Goods for Sale –

Check [Goods for Sale](#)

