



Fort Langley Canoe Club Club News 8 – August 2010

398

The number of members of FLCC, as at August 1st, 2010.
 What fantastic growth this Club has enjoyed through the hard work of so many, many volunteers over the years. Perhaps you could find the 400th member?

The database of members is bang up-to-date and all but a dozen members have submitted an email address – to which this newsletter is sent. If you change ANY of your contact details, or know anyone who does not receive their club emails, write to:

membership@fortlangleycanoecub.ca



FLCC and the BC SUMMER GAMES

Fort Langley hosted the canoe/kayak portion of the BC Summer Games over July 23-26 &, by all accounts, the event was a tremendous success. Athletes from the 8 zones of the province got a chance to meet and compete with each other in canoe, kayak and outrigger canoe in the Bedford Channel and slalom canoe and kayak in the Salmon River. There were many exciting races in all the disciplines with athletes striving to be at their best. We saw moments of glory, we witnessed heroics, we may have felt tears in our eyes during those inevitable moments of pathos that occur on these occasions. This was an excellent example of the power of amateur sport, uniting and inspiring all participants; athletes, volunteers and spectators.

Behind the scenes making it happen were our volunteers from across Fort Langley Canoe Club and the local community, to whom heartfelt thanks are in order for jobs well done. Thanks also to Fort Langley Esso for donating fuel for the safety boats and the local businesses that supported with food and services.

[click to see the official photos website](#)

Brigade Days

On the morning of July 31, 2010 ten members of the Fort Langley Canoe Club began their Brigade Day celebrations by launching their voyageurs into the Fraser River at Hope. It was the start of a two and a half day journey covering over 112 kilometres on the mighty river with the goal to reach Fort Langley on August 2, to commemorate the day the British Parliament passed an Act to establish the colony of British Columbia 152 years ago....

[Click for the full story](#)

Thanks to Sherrie Thorpe for the banner photo, above.

Send your photos, for either our Newsletter or Website, to photos@fortlangleycanoecub.ca



3rd Annual FLCC OC6 Regatta

Held on July 17th, this year's regatta was enhanced by the arrival of additional OC-6s ready for the BC Sumer Games. This meant that 2 heats were held, with three boats in one heat. Full details of the event can be [read on the website](#) but the FLCC Newsletter is chuffed to say

that a fantastic time (around the island in 46 minutes) was set by The Early Risers, so named because they enjoy training at 0630, even in the winter.

Website News



"Well, at least it's Canadian, Eh?"

was how our webmaster summed up the enforced change to our website address to:

fortlangleycanoecub.ca

Members' Page

this should be the starting page for most Members. Why not bookmark it, or create a link from your desktop? [Go there](#)

Advertise YOUR team fund-raiser here.

For Sale

New links to the For Sale or Wanted Board have been added to the Web Menu, under Members.

[Click here to see the latest offering](#) – an OC-1.

Team web pages

Many teams have not yet updated their dedicated webpage with a photo of their 2010 team. And why not add the paddlers' names, to help us learn some more of the 398 members. [WoW did](#)

Found:

Who lost a MEC fingerless glove in the last couple of days? [Click Lost & Found](#)

DB Spares

Huli-day

And, of course, thinking of the warm river reminds us all that it will soon be Huli time. Remember that if you want to use an Outrigger Canoe at the club, you MUST have satisfactorily completed a Huli during one of the forthcoming sessions. The OC rep will soon be sending out the details, but in the meantime – check out the Huli page as a reminder. During the next few days, a short quiz will be added to the Huli Page. This quiz will form part of the process of being assessed for OC usage. [Click here for huli page](#)

Freshet

The Freshet rules are no longer in force and steersperson may now take fewer people in a boat and/or less boats for a program. For example, a DB may go out with twelve experienced or sixteen inexperienced paddlers plus an experienced steersperson. The minimum number of paddlers in the Outrigger remains at five and for kayaks remains at three.

[Click here for Boat Usage Policies](#)

All the Regattas entered by all the teams through the busy July – September part of the season are now listed at [Regattas](#) This is to help teams find spares and spares find teams.

Website issues

Apart from the nuisance of learning the new website address, the change to .ca has meant a change to lots of email addresses connected to the website.

[Click here to see the updated list](#)

Email issues

If you have “Computer Issues” with the club emails, newsletters or website, please let us know. [Email Webmaster](#)

Harrison Dragon Boat Festival

It was a beautiful sunny day at the festival. The venue is spectacular with the clear lake water and glorious mountain vistas.



Attending the festival were five FLCC women’s teams: Sun Dragons, Fort Fury, Kindred Spirit, Sea Syrens and Dragon Queens. There were also three FLCC mixed teams: Spirit of a Renegade, Fort Fusion and FORTified (the FLCC masters 50+ team, pictured).

The day started with 200 meter sprints for all teams, combining mixed against women’s teams, before moving on to 500m races. The afternoon was hot and the wind came up blowing dust through the paddlers’ village as well as causing trouble at the start line. Many of the semi-final and final races were very close and exciting.

Here are the results of the final races:

Women’s Division A Championship

- Second place Fort Langley Sun Dragons 2:26.44
- Third place FLCC Fort Fury 2:28.52

Women’s Division B Championship

- First place Ft Langley Kindred Spirit 2:35.24

Women’s Division C Championship

- Third place FLCC Sea Syrens 2:42.78
- Fifth place Fort Langley Dragon Queens 2:49.92

Mixed Division A Consolation

- Fourth place FLCC Fortified 2:20.40

Mixed Divisions B Consolation

- Second Place FLCC Fort Fusion 2:22.48

Mixed Divisions C Championship

- Fifth place FLCC Spirit of a Renegade (SOAR) 2:26.42

[Click here for the full story](#)

The numerous staff employed by the Newsletter (yeah, right) does not attend every regatta – so if you want YOUR team’s performance reported in detail, write to newsletter@fortlangleycanoeclub.ca

More Paddling opportunities

Recreational kayaking in **Dolphins** is now available for many sessions during the week, late afternoons and evenings. Come and enjoy these simple-to-use craft and LOVE the SUMMER.

[Click here to see online calendar](#) Pick your sessions and click the specific link.

Annual Cranberry Voyageur Races

Held in conjunction with the
Fort Langley Cranberry Festival
October 9th, 2010



[Click for details of Cranberry Races](#)

Granite Falls

August 21st – 22nd

A paddle and camp in Deep Cove has been planned for late August.

[Email Katie](#) for the arrangements & to reserve a place.

Voyageur Outings

All Year round

Each month, the Voyageur group takes the boats on a special trip. Usually all day and often packed with historic information, too.

[More details](#)

Christmas Presents

OK – perhaps I am a little early with this (tho' it is Carol Pope's birthday today, Saturday). One of the interesting off-shoots of the BC Summer Games is that the Fraser Valley Library researched lots of books relating to the different sports involved in the Games. Grant spotted this list that the library suggested for Paddlers:

Kayaking: Outdoor Adventures - American Canoe Association
Paddle Your Own Kayak - Gary McGuffin
Kayaking for Fitness - Jodi Bigelow
Recreational Kayaking : The Essential Skills and Safety - Alex Matthews
Recreational kayaking : The Ultimate Guide - Ken Whiting
Whitewater in B.C.'s Southwest -- Steve Crowe
Kayaking - Julie Bach
Kayaking - Scott Bass
The Flying Canoe - Roch Carrier
One-Dog Canoe - Mary Casanova
Loon Lake - Jonathan London
Down the Yukon - Will Hobbs
The Pirates of Captain McKee - Julie Lawson
Shin-chi's Canoe - Nicola I Campbell
Fire Storm - Jean C George
Whitewater Scrubs - James McEwan
No More Pranks - Monique Polak
Red Kayak - Priscilla Cummins
Sointula : A Novel - Bill Gaston
Paddles Up!: Dragon Boat Racing in Canada - Arlene Chan

And I would like to add:

Path of the Paddle - Bill Mason
Spirited Waters - Jennifer Hahn

More essential reading: The Minutes from the July Exec meeting are attached.