



Fort Langley Canoe Club



Club News 7 – July 2010

Website News

IT'S THE SUN !



So slap on the sun bloc, wear a hat, drink more water and PADDLE

Invite your friends and tell your neighbours: The flatwater discipline is holding an

OPEN HOUSE

We love to paddle! You may have seen us in the Bedford Channel. We invite you to give our canoes & kayaks a try & join the fun

Saturday, JULY 10, 2010 1:00 – 2:30

Drop-in fee - Adult - \$10.00 Children - 10 years+ - \$5.00

For more info, contact: Marlene at 604-888-1986 kayaking@fortlangleycanooclub.com

2nd Annual FLCC Fun DB Regatta

On Saturday, June 19, 60 paddlers put the fun into our DB regatta. The teams included mostly DB members, plus some other club members and several family members of all ages, many who had never DBed before. Each team would have three races, then the BBQ. At the BBQ each team would give us their team cheer.

First were the backwards races – involving a long session of sitting, and paddling, backwards including the turns around the buoys. The second races were the ball toss and catch. Teams lined up at the Marina Park observation deck and paddled straight under the bridge where big ‘pilates’ balls were dropped in the water. Each crew had to pickup a ball, pass it from front to back of the boat and then toss the ball into the safety boat when completing the long course.



The third race was the dress-up race. At the start, the steersperson had to run up the ramp and don big crinolines and skirts, jackets and bonnets. Then some frantic paddling – with a 360 turn, a stop at the canoe dock where a designated paddler had to hula-hoop, then more mad paddling to the finish. Everyone worked hard, had fun, and were ready for the great BBQ that was enjoyed by all. Thanks to so many that volunteered, making this such a successful club day. See you at 2011.

Congratulations, too, to **FLCC FORT FURY** who came home 2nd at the Whistler Festival on July 4th. They were only beaten by the Canadian National Champs (from Bridge City) – so well done on a cold windy day that kept this spectator well wrapped up!

The Youth DB team that was featured in Newsletter 6 had “the time of their lives” at the Alcan Festival in June. Come back again !



More Paddling opportunities

Some **Tandem** canoes are now stored in the cage on Brae Island and may be booked by members through Katie.

[Click here to see online calendar](#)
[Email Katie](#)

Recreational kayaking in **Dolphins** is now available on Monday evenings and Sunday mornings, thru Leila and Eliz.

[Click here to see online calendar](#)
[Email Leila](#) [Email Eliz](#)

BC Summer Games



The organizers wish to thank so many members of FLCC for volunteering – applications for this are now closed. Other helpers will still be needed for set-up on Thursday 22nd and Sunday 25th and also take-downs. [Email Marlene](#) for details.

Also, remember that these games feature the bright young hopefuls of Sport in BC. Events are happening all over Langley – [click to see the official website](#)

FLCC Fun OC-6 Regatta

July 17th

Final details for this year’s OC6 challenge will be published shortly. If you have not yet entered a team do it NOW

To volunteer to help or register your team: [Email Andrea](#)

Granite Falls

August 21st – 22nd

A paddle and camp in Deep Cove has been planned for late August.

[Email Katie](#) for the arrangements & to reserve a place.

Members’ Page
this should be the starting page for most Members. Why not bookmark it, or create a link from your desktop? [Go there](#)

Advertise YOUR team fund-raiser here

DB SPARES

All the Regattas entered by all the teams through the busy July – September part of the season are now listed at [Regattas](#) This is to help teams find spares and spares find teams.

Purl & Paddle

Judy has asked us to remind all those interested in knitting & crocheting – including novices & learners – that the knitting club continues to meet throughout the summer. [Email Judy](#)

Needles Up !!

Remember LANI ?

She wrote to me today, from Samarkand. Still thoroughly enjoying cycling across her 3rd continent. (Europe, after Canada and Africa) Read more about this amazing adventure at [Silk Route Cycling](#) Now she flies off to St Petersburg, to cycle to Beijing! Pedals Up, Lani.

Brigade Days

Saturday July 31st - Monday August 2nd

Details regarding the weekend camp/paddle are now available. NB the arrival at the Fort this year will be on MONDAY.

[Email Katie](#) for more

Voyageur Outings

All Year round

Each month, the Voyageur group takes the boats on a special trip. Usually all day and often packed with historic information, too.

[More details](#)

The Minutes from the June Exec meeting will be emailed to all members shortly.