



Fort Langley Canoe Club (FLCC) Dragonboat (DB) Information for the 2011 Season

Dragonboating & Teams

- Races are normally 500 m and teams normally get 3 heats per regatta
- Each FLCC team has 20 paddlers, a steersperson, a drummer, and spares. Most teams have 24 or more to ensure they have enough paddlers for practices and regattas
- Teams are mixed, women's or men's
- Each team should select: manager, captain, treasurer, secretary, and FLCC DB team representative (see list of team positions)
- Each team needs a trained drummer and steersperson.
- Inexperienced teams must have 16 paddlers plus a trained steersperson and a backup steersperson in the boat to take the dragon boat out for a practice. Minimum numbers of paddlers are required for all levels of experience and change over the season based on the river currents, which can be very strong during freshet.
- FLCC has paddles and PFDs for new paddlers but members expected to get their own
- The FLCC DB is on the water from April 1 to September 30 for team practices.

FLCC fees

- All DB team members must be FLCC club members (Apr 1/08 – Mar 31/09) and may enjoy the other benefits of being a club member (social, recreational, reenactments)
 - FLCC club membership is \$70 for single
 - All FLCC members are expected to volunteer for FLCC
- All DB team members must pay CKBC insurance - \$9 per paddler
- Boat usage is paid by the team to FLCC based on number of practices per week
 - Practice schedule determined at beginning of DB season (April – September)
 - \$600 for the season to book 1 practice per week (\$25 pp for 24 paddlers)
 - \$1200 for the season to book 2 practices per week (\$50 pp for 24 paddlers)
 - \$1800 for the season to book 3 practices per week (\$75 pp for 24 paddlers)

Team Fees

- Coaching, shirts, regattas (entry fees, transportation & accommodations), etc
 - Paid by members directly to team or raised through fundraising
 - Each team has it's own treasurer to handle the team funds and report to FLCC

Fundraising

- Each team may use fundraising to cover all other team fees (car washes, craft & bake sales, raffles & draws) but FLCC must be informed to avoid duplication.

Coaches

- Each team is responsible to find their own coach suited to their needs
- Coach fees normally are \$30 to \$100 per session based on their experience and knowledge (fees may be much less or much more)

Regattas

- Entry fees vary in price (entry fees of \$400 to well over \$1000 per team)
- Additional travel costs and accommodations for out-of-town events
- Team may do fundraising to pay for regatta expenses
- Team should decide at the beginning of the season which regattas their team will attend so team members can schedule to be there.